

“Frozen”

Watch the movie clip.

Elsa has felt trapped and unable to express her gift.

Now she feels free to release the gift that is inside her.
Although she has been shunned by the people in the town,
she actually feels full of joy at this point, and creates an amazing palace.

Sometimes we wish we could try something, but others won't let us.
Or they laugh at our failures.

Elsa is learning not to feel trapped by the expectations of other people,
and to do what she really enjoys.

The things that give us joy are often a clue to our gifts.

What do you enjoy doing?

What do you delight in?

Make a snowflake.

Write on it something that you enjoy doing.

Hang the snowflake on the tree as a celebration of your gifts.

Make more snowflakes if you wish.

Solomon's Prayer

When the Temple was finished, Solomon prayed a great prayer of thanks to God. Here is some of his prayer. Read it aloud.

Lord God of Israel,
no other god in heaven or on earth is like you!

You never forget the agreement
you made with your people.
You are loyal to anyone
who faithfully obeys your teachings.
My father David was your servant,
and today you have kept
every promise you made to him.

There's not enough room
in all of heaven for you, Lord God.
How could you possibly live on earth
in this temple I have built?
But I ask you to answer my prayer.
This is the temple where you have chosen to be worshiped.
Please watch over it day and night
and listen when I turn toward it and pray.
I am your servant, and the people of Israel belong to you.
So whenever any of us look toward this temple and pray,
answer from your home in heaven and forgive our sins.

1 Kings 8

Solomon's prayer sounds like a Psalm or a song.
God gifts us gifts so that we may delight in using them.
But the way that we use our gifts can also express our gratitude to God
who is the giver. How can we use our gifts so that they bring delight to God?
What if our lives are like a song of thanks to God?

Choose and take a card that speaks of one of your gifts – it may be something you enjoy doing for yourself or something you do for others. Put it in a place where it will remind you to be thankful to God for your gifts.

Play with the iPhone app to make a gentle song of praise. Just tap on the screen. Shake the phone to start a new tune.