

Saying Sorry

Sometimes we are like Jacob and Rebekah
Sometimes we don't tell the truth
Sometimes we take from someone else
Sometimes we put others down
Sometimes we twist things in our favour

Sometimes we need to say sorry
Sorry to God and sorry to others
Maybe a brother or sister
Maybe a friend
Maybe a son or daughter
Maybe a parent
Maybe a teacher or workmate

Think back over the past week
Who might feel hurt because of something you said or did?
How do you show people that you are sorry?
How do you ask for forgiveness?

Think of a person who might be feeling hurt
Light a candle for them and say these words:

*Loving God, I am sorry
Please forgive me
Help us live together in love*

Hear some good news: God forgives us.
Say aloud: Thanks be to God!
Talk about how you might say sorry to the person you have named.