

I'm sorry
I forgive you

Play is not always fun. Sometimes play hurts.

You can feel left out.

You can feel angry.

People can get physically hurt.

People can be bossy.

People can be selfish.

Have you felt like this recently?

Sometimes, when we've been playing
we need to say "I'm sorry"
or "I forgive you"

When we do this, we are showing others
the same love that God shows to us.

We can also say "sorry" to God for these times
and God says to us "I forgive you".

Has there been a time like this recently
when you were upset
or someone else was upset?
Talk about it together.

Blow up a balloon.
Write or draw on it – a picture or words that say "I'm sorry".

Then burst the balloon!
God forgives us! Hooray!

Now, if you need to say "I'm sorry" or "I forgive you"
to someone today, try to do it as soon as you can.