

Table Talk

Play the Table Talk activity together.

The activity is about learning to have deep conversations at meal-times or other times..

Place the cards face-down in a pile.

The first person takes a card and looks at it.

The person can

- answer the question on the card
- give the card to another person and ask them to tell answer it
- return the card to the bottom of the pile (pass)

The play rotates from the person who answered the question to the next person.

Each time you answer a question you get to eat an M&M.